



## OWNING MY POWER MANIFESTATION

*Today, I rise into my personal power with deep certainty and calm strength.  
I choose to let go of every story, memory, or belief that ever made me question my own  
worth.*

*I release them gently, knowing they taught me lessons but no longer define me.  
I stand here as someone who has survived difficulties, learned from challenges, and grown  
beyond past versions of myself.*

*I celebrate that growth and honor the journey that has shaped me.*

*I trust myself — my intuition, my voice, my perspective, and my unique gifts.*

*I no longer seek permission to be who I am.*

*I no longer apologize for taking up space.*

*I no longer hide my ideas, shrink my value, or dim my brilliance to fit in.*

*Instead, I expand. I speak boldly. I show up fully and unapologetically.*

*I honor the strength within me: the strength that has carried me, protected me, and  
rebuilt me.*

*I acknowledge the countless times I stood back up when life knocked me down.  
Even when it was hard. Even when it hurt. Even when I wasn't sure what came next.*

*My resilience is my power. My courage is my identity.*

*I am someone who perseveres, and that truth empowers me every single day.*

*Today, I choose to see myself as capable, deserving, and extraordinary.*

*I walk forward with confidence not because everything is perfect, but because I finally know  
my value.*

*I attract opportunities that match my power and align with my growth.*

*I embody confidence in the way I speak, move, decide, and show up for myself.*

*I am becoming the highest, strongest version of me — and I am proud of who I am  
becoming*

*I am powerful.*

*I am worthy.*

*I am ready.*