

OWNING MY POWER MANIFESTATION

Today, I rise into my personal power with deep certainty and calm strength. I choose to let go of every story, memory, or belief that ever made me question my own worth.

I release them gently, knowing they taught me lessons but no longer define me. I stand here as someone who has survived difficulties, learned from challenges, and grown beyond past versions of myself.

I celebrate that growth and honor the journey that has shaped me.

I trust myself — my intuition, my voice, my perspective, and my unique gifts.

I no longer seek permission to be who I am.

I no longer apologize for taking up space.

I no longer hide my ideas, shrink my value, or dim my brilliance to fit in.

Instead, I expand. I speak boldly. I show up fully and unapologetically.

I honor the strength within me: the strength that has carried me, protected me, and rebuilt me.

I acknowledge the countless times I stood back up when life knocked me down. Even when it was hard. Even when it hurt. Even when I wasn't sure what came next.

My resilience is my power. My courage is my identity.

I am someone who perseveres, and that truth empowers me every single day.

Today, I choose to see myself as capable, deserving, and extraordinary.

I walk forward with confidence not because everything is perfect, but because I finally know my value.

I attract opportunities that match my power and align with my growth.

I embody confidence in the way I speak, move, decide, and show up for myself.

I am becoming the highest, strongest version of me — and I am proud of who I am becoming

I am powerful.

I am worthy.

I am ready.